

Allergen Declaration Form

Food Policy Summary

Meals from home: Requirements and Restrictions

We are committed to allergy safety and healthy eating. In order to comply with new DfE guidance for early years providers any food or snacks that are sent in from home must:

- Be checked for potential allergens so that the risk of cross contamination is reduced (strictly no nuts or hidden nuts eg Nutella or pesto)
- Meet our healthy eating guidelines
- Be stored with ice packs (no refrigeration available)
- Be prepared in a way to prevent choking (cherry tomatoes, grapes, sausages cut lengthways)
- Be clearly labelled with the child's name and date.

If a lunch or snack is forgotten, non-compliant, or lacks allergen documentation, a preschool alternative will be served. Parents will be charged £3.75 for a lunch and / or £1.00 for a snack plus a £1:00 service fee

Does this lunch box contain...?

Celery	☐ Yes ☐ No
Cereals containing gluten (wheat, rye, barley, oats)	☐ Yes ☐ No
Crustaceans (eg prawns, crab, lobster)	☐ Yes ☐ No
Eggs	☐ Yes ☐ No
Fish	☐ Yes ☐ No
Lupin	☐ Yes ☐ No
Milk	☐ Yes ☐ No
Molluscs (eg mussels, squid, oysters)	☐ Yes ☐ No
Mustard	☐ Yes ☐ No
Peanuts	☐ Yes ☐ No
Sesame seeds	☐ Yes ☐ No
Soya	☐ Yes ☐ No
Sulphur dioxide / sulphites	☐ Yes ☐ No
Tree nuts (eg almonds, hazelnuts, cashews, pecans, pistachios, Brazil)	☐ Yes ☐ No

Child's name:

Date of birth:

Parent / carer name:

Parent / carer signature:

Date completed: